

KS3 Curriculum Intent

Intent		v	Vhat new knowledge/content do we introduce?	How does this curriculum go
By the end of KS3 students are able to		Each teaching	beyond the National Curriculum? How does going beyond the NC ensure challenge?	
After following the complete rotation		Lesson sequence	Progression of knowledge and skill	
pupils will have;		Introduction to the kitchen;	Students can show their understanding of good hygiene and safety, building on what they may already know from	Students are able to
 developed the 		equipment, health, hygiene and	cooking at home or at KS2. Introduces Hospitality and Catering vocabulary such as 'cross contamination'. Students build on their knowledge of tools and equipment in food technology from cooking at home/KS2. Students complete a base line skills assessment to gauge where their understanding of food preparation and cooking is at the beginning of the project.	build and connect
creative,		safety	Students work in pairs to prepare a potato based dish using up to 12 cooking methods, this gives students the	knowledge over time
technical and practical		Evaluating cooking methods	opportunity to observe and model how a wide range of cooking methods are used to cook one food item. Students also discuss nutrition and how different cooking methods affect nutrients, e.g. water-soluble vitamins. Students evaluate their work, including the rating all outcomes. <i>Skill building from previous lessons: applying knowledge of where equipment is;</i>	by revisiting the design
expertise				process; research,
needed to perform			as well as health, safety and hygiene methods. Students prepare a dish using the bridge method and claw grip. Establishes that there are correct cutting methods in sufficient environments to the divergence of the same state of t	ideas, plan, make and
everyday tasks		Knife skills; knife safety, bridge hold, claw grip	professional environments to reduce the risk of personal injury. Students then immediately apply their learning. Students assess dish at EOL, choosing correct preparation and cooking methods as well as evaluating overall outcome. <i>Skill building from previous lessons: applying knowledge of where equipment is; as well as health, safety and hygiene</i>	evaluate throughout
confidently and			methods.+ correct food storage	each specialism.
to participate successfully in		Wet and dry method; baking techniques, special dietary needs	Prepare a baked good using the wet and dry method, developing by using new skills as well as new equipment. Students build on their knowledge of nutrition as well as special dietary needs, e.g. Low sugar, Diabetics. Discuss other methods of	
an increasingly			making baked goods, including what could go wrong e.g. not enough aeration and how to use your senses to know a	Students will also
technological			baked item is fully cooked. Skill building from previous lessons: applying knowledge of where equipment is; as well as health, safety and hygiene methods.+ correct food storage + proper time management, multiple components.	develop confidence
world • build and apply		Staple ingredients	Develop knowledge of food process and where bread comes from, the functional properties of ingredients (e.g. yeast) and practice food shaping and presentation methods. Skill building from previous lessons: applying knowledge of where equipment is; as well as health, safety and hygiene methods.+ correct food storage + functional properties of ingredients	using shared design
a repertoire of	Food		Build on knowledge of special dietary needs, medical discussed previously, building on with ethical – vegetarian.	concepts and
knowledge, understanding		Ethical diets and costing	Students discuss why potatoes are a staple food in vegetarian diets, referencing nutritional information (building on) and cost (new). Skill building from previous lessons: applying knowledge of where equipment is; as well as health, safety and hygiene methods.+ correct food storage + nutritional content of ingredients	vocabulary.
and skills in		Sensory analysis	Demonstration of Swiss roll, introduces the whisking method, building on knowledge of baking methods. Students discuss	
order to design and make high-			aeration and quality control whilst whisking to ensure a successful outcome. Health and safety in the kitchen builds with the addition of electrical equipment. Students complete a sensory analysis, further developing their sensory vocabulary.	Students are
quality			Skill building from previous lessons: applying knowledge of where equipment is; as well as health, safety and hygiene	challenged through the
prototypes and			methods.+ correct food storage + quality control Apply learning from previous lesson to produce a Swiss roll using the baking method, use class notes from the previous	range of specialisms
products for a wide range of users • critique, evaluate and		Whisked sponge; baking methods	lesson to work within a set time, developing time management skills. Skill building from previous lessons: applying knowledge of where equipment is; as well as health, safety and hygiene methods.+ correct food storage + time	they will experience,
		Careers in Hospitality and	management	allowing them to
	f	Catering	Understand the various career opportunities offered by the H&C industry Look at job roles and understand qualifications required and the job descriptions	explore a wide variety
test their ideas		Making a roux	Develop knowledge of the 'mother sauces' and how they are used in dishes around the word. Function of ingredients,	of ways of designing
and products and the work of			what causes sauces the thicken (coagulation). Introduce sustainability and the 6 R's when planning, preparing and cooking dishes. Skill building from previous lessons: applying knowledge of where equipment is; as well as health, safety and hygiene methods.+ correct food storage + time management + function of ingredients	and making using
others			Understand the principles of pastry making, building on baking methods + rubbing in method. Developing knowledge of	specialist technical
 understand and apply the principles of 		Rubbing in method	what can go wrong when baking. Discussing various types of pasty and where in the world they are from, building on previous learning of staple ingredients and provincial foods. <i>Skill building from previous lessons: applying knowledge of</i> <i>where equipment is; as well as health, safety and hygiene methods.</i> + correct food storage + time management	skills
		Time planning, recipe adaptation	Planning which dish to prepare from previous lessons, using their consistent evaluations to select a dish they feel most confident with or could most improve. Students are able to develop the dish to meet their sensory requirements or	

nutrition and learn how to cook. Pupils will also learn how to problem solve and take risks, becoming resourceful, innovative, enterprising and capable citizens. They will develop a critical understanding of design and its impact on daily life and the wider world and how high- quality design makes an essential contribution to the creativity, culture, wealth and well-being of the nation.	Rationale for this sequence	lessons. The SOL is structured so that skills build build over time, there are common techniques thm of food, particularly enough to complete an indep crucial to success at KS4. This ensures that all st	specific dietary needs of intended customer. Skill building from previous lessons: applying knowledge of where equipment is; as well as health, safety and hygiene methods.+ correct food storage + special dietary needs Students put in to practice all skills learnt throughout the food rotation, preparing a dish of their choice in a 100-minute time feedback k is given and grades awarded. Students receive feedback from their assessment lesson, revisit their initial skills audit and track their own progression, Evaluating what skills they learnt and which skills they have developed. Once complete, students look forward to the future of protein (+ building on 6 R's and sustainability lesson content) by trying bugs. on so that hazards and dangers are minimised throughout the course of this project. Those routines are embedded in all following and develop over time, accumulating in students completing a practical assessment that is entirely self-LeX. Nowledge and skills oughout the project with graduating difficulty. This is to ensure all students feel confident tim their practical and theoretical knowledge endent practical successfully at the end of the project. The SOL introduces key GCSE Hospitality and Catering concepts which are tudents have a base on which to build from, should they choose Hospitality and Catering as a GCSE option.	We also offer additional opportunities such as Architecture day in partnership with local architecture firms and the University of Cambridge Design Ventura competition Drop down food days Extra-curricular music technology club Weekly After school art / textile club
	How does the KS3 Curriculum build on previous learning at KS2?	students can work safely in the k difficulty as the project progresse in your own home in comparison	knowledge and skills from KS2 so we build on prior learning, firstly establishing that all itchen and then introducing core preparation and cooking skills, which graduate in es. The project also addresses common misconceptions and differences between cooking to cooking in a professional environment for customers. E.g., correct knife holds, use of d. All with a focus on enjoying practical experiences.	